

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Simon Marks Summer Menu 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Pasta Bolognaise	Sausages with Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Jollof Rice with Chicken	Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Wholemeal Tomato Pasta	Vegetable Sausages with Mashed Potatoes and Gravy	Lentil and Vegetable Soya Roast with Roast Potatoes	Chinese Vegetarian Spring Rolls with Rice	Spicy Bean Pattie with Chips
		Carrots Green Beans	Sweetcorn Garden Peas	Mixed Seasonal Vegetables	Grated Carrot Salad Cauliflower	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Soya Custard Fresh Fruit	Iced Sponge Fresh Fruit	Chocolate Cocoa Cookie Fresh Fruit	Mandarin & Cinnamon Cake Fresh Fruit	Fresh Fruit
Week 2	Main	Chicken Provencal with New Potatoes	BBQ Chicken with Rice	Roast Turkey with Roast Potatoes & Gravy	Beef and Bean Fajitas with 50/50 Rice	Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Sweet and Sour Quorn with Noodles	Mixed Bean Cassoulet with Rice	Pasnip and Sweet Potato Loaf with Roast Potatoes & Gravy	Vegetarian Fajitas with 50/50 Rice	Vegetable Pasty with Chips
		Green Beans Peas	Green Beans Sweetcorn	Mixed Seasonal Vegetables	Mixed Salad Sweet corn	Baked Beans Garden Peas
	Dessert	Pineapple Loaf Fresh Fruit	Lemon Drizzle Cake Fresh Fruit	Apple Flapjack Fresh Fruit	Peach Crumble with Soya Custard Fresh Fruit	Fresh Fruit
Week 3	Main	Chicken and Tomato Pasta	Beef Meatballs in Tomato Sauce with 50/50 Rice	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Chicken Tikka Masala with Rice	Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Soya Mince Pasta Bolognaise	Chickpea Aloo Chat with 50/50 Rice	Vegetable Wellington with Roast Potatoes & Gravy	Lentil and Sweet Potato Curry with Rice	Bean & Lentil Pattie with Chips
		Sliced Carrots & Green Beans	Sweetcorn Tomato Salad	Mixed Seasonal Vegetables	Tomato & Onion Salad Diced Cucumber	Garden Peas Baked Beans
	Dessert	Mixed Fruit Crumble with Soya Custard Fresh Fruit	Vanilla Shortbread Fresh Fruit	Catherine Wheel Cookie Fresh Fruit	Apple Pie with Soya Custard Fresh Fruit	Fresh Fruit