

Whole school PE overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Games – Ball skills	Dance – Conkers	Gymnastics – Shapes & flight	Games – Hockey	Athletics – Running	Games – Cricket: Kwik cricket
Year 2	Games – Football	Dance – Reach for the stars	Gymnastics – Rolls & Balance act	Games – Tag-rugby	Athletics – Jumping, hopping and skipping	Games – Basketball
<u>Year 3</u>	Games – Volleyball	Dance – The Eagle and fish	Gymnastics – Bridges	Games – Rounders	Athletics – Throwing	Games – Football
Year 4	Games – Hockey	Dance – Wimbledon	Gymnastics – Animals	Games –Cricket: Kwik cricket	Athletics – Running	Games – Netball
Year 5	Games – Cricket: Kwik cricket	Dance – Electricity	Gymnastics – Mirroring	Games – Tag-rugby	Athletics –	Games – Tennis
Year 6	Games – Basketball	Dance - The Haka	Gymnastics – Movement	Games –Netball	Athletics – Championships	Games – Rounders

Pupils participate in the Daily Mile every day. Year 3 and 4 have weekly swimming sessions. Core strength and balance will be part of all sessions in warm up.