



RSE/ PSHCE overviews

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Myself	My home	My family	My friends	Animals and pets	Respecting differences
Year 1	Rights and Responsibilities Democracy	Feelings, friends and friendships	Special people and families	Keeping healthy	Growing and changing	Keeping myself safe, including e-safety
Year 2	Rights and Responsibilities Democracy	Feelings and relationships	My community and my family	Healthy lifestyles	Growing and changing	Keeping myself safe, including e-safety
<u>Year 3</u>	Rights and Responsibilities Democracy	Loss, separation and friendships	Getting on and falling out with friends and families	Food and healthy eating	Changes	Keeping myself safe, including safe emailing
Year 4	Rights and Responsibilities Democracy	Feelings, families and friendships	Respecting the differences between people	Caring for my body	The rule of law	Keeping myself safe, including responsible use of the internet
Year 5	Rights and Responsibilities Democracy	What is tolerance?	Lifestyles, cultures and families	Caring for myself	Online relationships	Keeping myself safe, Including safe online communication
Year 6	Rights and Responsibilities Democracy	Individual liberty	Money Skills	Work/ life balance	Positive Thinking	Peer pressure and body image delivered by Streetwise Workshops